

Home Instead of
Nursing Home

Do you need help with daily care services (ex. Dressing, bathing, grooming, house cleaning, and more) and don't want to go in a nursing home? Then these services are for you. Ask your VA social worker about Veteran Direct Care and to assist with making arrangements.



Serving 20 Parishes

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8:00 am – 4:30 pm
Monday - Friday

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Advocacy, Accessibility, Independence

**@Southwest Louisiana
Independence Center, Inc.**

Successful
Living
Independently
within the
Community

**Veteran
Care
Services**

Homemaker and Home Health Aide Care

Am I eligible for Homemaker Home Health Aide Care?

Since **Homemaker Home Health Aide** services are part of a service within the VHA Standard Medical Benefits Package, all *enrolled Veterans* are eligible **if they meet the clinical need for the service.**

What services can I get?

Services are based on your assessed needs. Talk with a VA social worker to find out what specific help you may be able to receive.

For example, an aide may be able to come to your house several times a week or just once in a while.

Examples of daily activities you may be able to receive help with include:

- Eating
- Getting dressed
- Personal grooming
- Bathing
- Toileting
- Moving from one place to another
- Getting to appointments

You can continue to receive an aide's services for as long as you need extra help with your daily activities.

Respite Care

Am I eligible for Respite Care?

Since **Respite Care** is part of the VHA Standard Medical Benefits Package, all *enrolled Veterans* are eligible **if they meet the clinical need for the service.**

What is Respite Care?

Respite care is a program that pays for care for a short time when family caregivers need a break, need to run errands, or need to go out of town for a few days. Respite Care can be helpful to Veterans of all ages, and their caregiver. Respite Care services are available at a minimum of 30 days each calendar year. Or, you might have a Home Health Aide come to your home to stay with you for up to 6 hours in a row, day or night. Each visit (even if it is less than the 6-hour maximum) counts as 1 day of Respite Care.

How do I get these services?

Ask your VA social worker to assist with making arrangements to receive care services.

NEW

Veteran-Directed Care

What is Veteran Directed Care?

Veteran Directed Care is for Veterans who need assistance with activities of daily living (e.g., bathing and getting dressed, fixing meals); Veterans in this program are given a flexible budget for services that can be managed by the Veteran or the family caregiver. Veteran -Directed Care can be used to help Veterans continue to live at home or in their community.

What services can I get?

As part of this program, Veterans and their caregiver have more access, choice and control over their home care services or long-term care services. For example, Veterans can:

- Decide what mix of services will best meet their needs
 - Hire their own personal care aides (which might include their own family member or neighbor)
- Buy items and services that will help them live independently in the community.

**For more information about Veteran Services contact us @SLIC:
(337) 477-7194**